

Frankston Amateur Wine Guild May 2017

Next Meeting: 9 May 2017

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30 April 2017

This month:

Wayne Hewett will be with us to talk about cider. Wayne has been one of our Wine show judges for many years, as many members would know. He also runs cider making classes, and has agreed to come along to our meeting to create some interest in something other than wine. It promises to be an interesting night. There will be some samples of cider to try, just to raise your interest.

May Outing

The buses are full but there is still room for some intrepid adventurers to join us at the wineries and for lunch. This would be on a self drive basis, although I know there are some people looking for someone to help with their transport.

The May meeting of the guild is the last day for accepting of the offer. Remember it is sponsored by the guild, and you will not get a better opportunity to try these wineries.

Just let Anna know, (treasurer@fawg.org.au) she is always willing to accept your money. Remember only \$50 dollars for everything.

For those with special dietary requirements, please contact Yashmin so that arrangements can be made for lunch. (yasminbeaumont@msn.com)

Port

From 2012 and 2014 Port focus groups, the surplus produce from each of these groups has been blended and now is mature and ready for bottling. Some time soon an announcement will be made regarding the distribution of the port within the Guild. A tasting will occur some time in the future at one of the guild meetings, but I am not saying which one, so you will just have to turn up until it happens.

If a man blames port wine for being strong and sweet, or a woman's arms for being white and smooth and round, or the sun for shining, or sleep because it put thought away how can we answer him.

Colin Duriez

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Special points of interest:

Cordon Corner	
For sale	
This years vintage	
Red Wine Compound Benefits Brain Health, But There's a Downside	



FAWG Web Page

Don't forget the FAWG website:

<http://www.fawg.org.au>

Or the "Facebook" page:

<https://www.facebook.com/TheFAWG>

Parking at the new Clubrooms

Do not drive on the grass. You will be stuck in the mud and there are no facilities to get you out. You will also upset our new landlord.

Good friends, go in, and taste some wine with me; And we, like friends, will straightway go together (Julius Caesar, Act 2, Scene 2)

Cordon Corner

Now that the grapes in most regions are harvested our focus has turned to getting our winemaking skills honed to produce some fine wines. However, there are still things to be done in the vineyard and as usual a good feed and water while the leaves are still functioning is a good practice to help the plants for next season. This year the season has provided us with seamless summer to autumn conditions making it ideal for growing everything we don't need, like weeds and grasses. It's time to knock those unwanted grasses and broadleaf weeds down now before they take over and before we start dropping winter prunings in the mid-row. For anyone contemplating taking cuttings for growing rootlings or for grafting, the best time is just at the end of leaf fall while there are still some stored foods in the canes.

Mike Payne

Chardonnay Focus Group

Our Chardonnay is humming along quite nicely, not much really happening at the moment, we added the malo and are now sitting back waiting for completion of the malolactic action and then we will begin to add sulphur. Until then we will be happy enough to wait for our next get together.

Champagne Focus Group

It has been decided that we need to get our bottles from Gavin's cellar to Colin's so we can put them into the riddling racks, once this is done, we will look at disgorging in June/July. We are all very excited about this venture as the still wine was very good. Had nothing but compliments about the flavours. It will be wonderful to share this with the guild once it is completed.

Wodonga Wine Show Results

The Frankston Amateur Winemakers Guild had a number of entries in the Wodonga Wine Show. I have received the results, but do not know who made the entries. The Results for FAWG members were:

Silver: 5

Bronze: 7

A good effort from only 20 entries.



This Handy 'Wine Condom' Will Save Your Unfinished
Bottle Of Vino

Protection for your wine. 

This years vintage

Vintage is drawing to a close for this year. For most of us it feels like it has been a late vintage, but I am advised that this is more of a traditional timing for grape veraison. There may be a few who are still fermenting their must, but for others malolactic fermentation may be coming to an end. Have you checked? If it has completed pH may have risen and it may be time to add some potassium metabisulphite to protect your wine over the coming months.

Good luck and good winemaking to all.

For Sale



American 225 Lt barrel
\$150

Heat shrink capsules
\$5 per 200



If you are interested in either of these then give David Hart a call. Ph.0419981927

Red Wine Compound Benefits Brain Health, But There's a Downside

Red wine is perhaps the most widely praised alcoholic beverage for its health benefits. Regularly consumed in moderation as part of a healthy Mediterranean diet, red wine is made from grapes that are high in antioxidants and polyphenols, which are known to have cancer-fighting and longevity benefits.

In a new study conducted by Virginia Tech researchers, it was discovered that a compound found in red wine — called resveratrol — has the power to help keep the brain young and healthy. Resveratrol is a naturally-occurring compound in raspberries, pomegranates, blueberries, mulberries, raw cacao, dark chocolate and the skin of grapes, which has been shown to protect against the age-related breakdown of muscle fibres and connections between synapses in the brain.

To examine the effects of resveratrol, the researchers took two year-old mice (considered to be “old” in mouse years) and treated them with resveratrol for a period of one year. The researchers specifically looked at the effects of the resveratrol on synapses associated with voluntary movement, called neuromuscular junctions (NMJ), which carry motor commands flowing from neurons within the spinal cord toward the muscles.

In a previous study, researchers discovered that a low-calorie diet and exercise helped protect NMJ synapses from breaking down during the aging process. The mice that were treated with resveratrol had more youthful NMJ synapses compared to two-year-old mice that didn't receive treatment, showing similar effects to that of how diet and exercise benefited the youthfulness of NMJ synapses. There's just one big downside to this new discovery: humans can't get the same neuroprotective benefits as the mice did in this particular study just by deciding to make red wine a part of their healthy diet. Red wine contains such small amounts of resveratrol that there's no way to drink enough of it safely to get the benefits that were seen in mice, with previous research on the effects of resveratrol in human subjects showing no significant benefits.

The next step for the researchers is to dive deeper into examining the mechanics of how resveratrol protects NMJ synapses. Once this is known, either modifications can be made to resveratrol, or the researchers can work on identifying compounds that have similar or better neuroprotective benefits. This doesn't necessarily mean red wine has nothing to offer and that it should be given up altogether. If you enjoy drinking red wine in moderation, there's no reason to stop unless your doctor tells you so. Following the Mediterranean Diet, women can enjoy one glass of red wine a day while men can have up to two glasses a day. So pour yourself a glass, breathe in the aromas, take a sip and don't forget to maintain a healthy diet overall — because the bigger picture is what really counts.

From http://www.care2.com/greenliving/red-wine-compound-benefits-brain-health-but-theres-a-downside.html#14926630112631&action=collapse_widget&id=0&data=Sent

By: [Elise Moreau](#)
April 18, 2017

Monthly Activity Calendar 2016/17

Meeting Date	Proposed Activity	Competitions/ Other
9 May 2017	Wayne Hewett—Cider Talk Sat 27 May, Bus Trip Wineries Tour. Wine Tasting and Lunch	
13 June 2017	Lindsay Corby Wine Blending options AGM No 46 Wine Assessment	Sparkling wine mini Comp
11 July 2017		Homemade night
8 August 2017	Old, unusual and mulled wine night	Frankston & South eastern Wineshow Open day Sunday 28th August
12 September 2017	Chris Myers talk regarding specific wine for John Lee Trophy	Wineshow debrief demonstration & discussion of wine faults from show
10 October 2017		Chris Myers Red Wine mini-comp
14 November 2017		Eltham Wine Show Mansfield Show

Social Events and links

[Sunday 2 October: Australian National Wine and Beer Show](#)

[11– 14 October: National Cool Climate Wine Show](#)

[Sunday 13 November: Eltham District Wine Guild Show](#)

[Friday 18 November: Mansfield Wine Show](#)

[March: Wodonga Wine Show](#)

March: Red Hill Wine Show

Control click on the above links to go to the associated website.....

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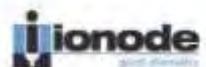


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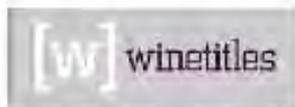
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